

Grap your Astro Autumn Guide



Astro Autumn Guide

Based on your sun, moon or rising sign

Sign	Fall Activity	Favorate Items	Soulful Strategy
Aries	Brisk fall hike	Hiking boots, Thermos of Chai	Make fresh seasonal routines
Taurus	Bake apple pie	Cozy blanket and candles	Indulge in slow mornings
Gemini	Attend a harvest fair	Notebook and warm tea	Mix social time with new ideas
Cancer	Host a harvest dinner	Pumpkin spice and fairy lights	Create warm spaces for loved ones
Leo	Take golden hour photos	Camera and seasonal latte	Let autumns glow inspire confidence
Virgo	Apple picking	Tidy bins and herbal tea	Refresh your routines
Libra	Go to an Art fair	Autumn candle and sketchbook	Balance beauty in seasonal routine
Scorpio	Read mysteries by candlelight	Dark blanket and favourite book	Lean into introspection
Sagittarius	Fall road trip or camping	Hiking shoes and a map	Say yes to seasonal detours
Capricorn	Fall crafting project	Planner and durable coat	Find joy in steady progress
Aquarius	Astronomy night	Notebook and warm socks	Connect with community
Pisces	Meditate by seaside	Headphones and cozy scarf	Enjoy seasonal stillness



My cozy Autumn List

Reflections:

This season my sun/moon/rising calls me to:

What I am ready to release (like falling leaves):

My Fall Activities:

Coke or bake:_____

Time in Autumn nature:_____

Read:_____

Journal or meditate:_____

A cozy home ritual:_____

Other things to do:_____



